



**T H E R A P I S T   &   L A W Y E R**

**A   D U A L   L E N S**

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**MENTAL HEALTH CLINICIAN and LAWYER COACH SPECIALIZING  
in WORK with LEGAL PROFESSIONALS**

**ATTAIN PERFORMANCE GOALS**

**SUPPORT for LAWYERS**

**RETENTION and RECRUITMENT**

Expert counselling services can be offered on-site at your law firm or from our private offices conveniently located downtown. All counselling services can be structured weekly, bi-weekly or on a monthly basis.

**TO ARRANGE for SERVICES CONTACT:**

JILL FENAUGHTY  
123 Edward Street Suite 912  
Toronto Ontario M5G 1E2

T 416 708 8025  
[www.jillfenaughty.com](http://www.jillfenaughty.com)

## **PROPOSAL**

Jill Fenaughty is a Lawyer and a Clinician, experienced in lawyers' assistance, in private practice coaching and counselling legal professionals. She has recently conducted on-site counselling services in a large firm setting on Bay Street which adds to her unique qualifications and provides extra insight into the changing legal profession and challenges lawyers face. Jill and her associates are able to provide on-site counselling by appointment and on a walk-in basis at your firm. A block of time can be booked for this purpose. Coaching and counselling services for transitioning lawyers can be provided.

Services are available by telephone. Evening appointments can be arranged.

## **GOAL**

To ensure lawyers maintain focus and are highly productive.

## **PROCESS**

By helping lawyers explore solutions to professional problems, such as:

“WHEN TOO MANY OF THE BALLS IN THE AIR ARE DROPPING”

- Process a Career Setback
- De-Stress
- Plan a Comeback
- Address Practice Issues

## **PERFORMANCE OPTIMIZATION**

- Achieve Clarity
- Increase Focus
- Stress Management

## **PREPARE FOR TRANSITION OR PROCESS CHANGES**

- Student to Associate
- Returning After Parental Leave
- Associate to Partner
- Retirement

## **PERSONAL ISSUES**

- Burnout
- Medical Crisis
- Family Crisis